

Atif Hameed

| Lead Fire Fighter | Fire Captain | EMT

Punjab Emergency Service Department, Rescue1122

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PROFESSIONAL SUMMARY

Astute professional with Fire Engineering background and extensive experience in the field of Fire Prevention & Protection, Integrated Emergency Response and Specialized Fire, Hazmat and Rescue Operation. Strong grip on National Fire Protection Association (NFPA) & Occupational Safety & Health Administration (OSHA) Standards. Expert in conducting emergency response, trainings and implementing Health, Safety & Environment (HSE) Regulations & Standards to establish safe sustainable working culture for the mutual success of all stakeholders.

WORK EXPERIENCE

Punjab Emergency Service Department, Rescue 1122



Lead Fire Fighter | Fire Captain | EMT

(July 2007 – Currently Working)

- Incident & Sector Commander on **Fire & Rescue Operations, Mass Casualty Incidents, High Angle Rescue Operation, Confined Space Rescue Operation, Collapsed Structure Rescue Operation, Technical Search & Rescue Operation, Road Traffic Crashes, Medical Emergencies and Hazardous Material Response.**
- Managing all administrative matters of **09 Fire Stations** of highly populated urbanized municipal city Lahore (city with daily average emergency of 700).
- Leading a team of **500 Staff, 44 Fire & Rescue Apparatus (Fire Engines, Fire Trucks, Water Tenders, Aerial Trucks, and Rescue Trucks), 20 Medical Ambulances and 50 Motorbike Ambulances.**
- Design and Implement **Emergency Action Plan** for swift & systematic emergency response and ensure compliance of departmental policies and directives.
- Management of **Inventory** of Fire & Rescue Equipment to cope up operational and training needs.
- Looking after **Repair & Maintenance** of Fire Installations and Fire & Rescue Apparatus and Ambulances.
- Expert in the implementation of **NFPA 1021 (Fire Officer). Skills & Fitness** evaluation of Firefighters.
- Expert in the implementation of **NFPA 1700. Skills & Fitness** evaluation of Firefighters.
- Expert in the implementation of **NFPA 350 (Confined Space). Skills & Fitness** evaluation of Firefighters.
- Expert in the implementation of **NFPA 1851 (PPE). Skills & Fitness** evaluation of Firefighters.
- Conducting and managing **Fire, Rescue, Basic Life Support Trainings (CPR, Foreign-body Airway Obstruction, Use of Automated External Defibrillator) & First Aid (Bleeding Control, Soft & Hard Tissue Injuries, Medical Emergencies)** trainings of recruits. **Done EMT TRAINING** from **American Heart Association (AHA).**
- Managing all administrative matters of **09 Fire Stations** of highly populated urbanized municipal city Sargodha (city with daily average emergency of 130).

Fire Inspector (July 2007 – Currently Working)

- Ensuring & enforcing **Fire Safety Laws, Codes and Regulations** in buildings.
- Inspection and testing of **Active Fire Protection System** (Detection system, Alarm & Signaling and Suppression System) and **Passive Fire Protection System** (Compartmentation, Opening Fire Protection and Structural Fire Protection) of the buildings.
- Contributed in developing and implementing the **Punjab Community Safety Act 2021** and the **Punjab Community Safety Buildings Regulations 2022.**
- Inspection and testing of **Water Based Fire Protection System** in compliance with **NFPA 25.**
- Conducting **Fire Risk Assessment** of the buildings to identify potential fire hazards and implement control measures as per international best practices.
- Inspection & Testing of Fire Pumps (**NFPA 20**), Sprinkler System (**NFPA 13**), Standpipe (**NFPA 14**), Fire Extinguisher (**NFPA 10**), Fire Alarm & Signaling (**NFPA 72**), Means of egress (**NFPA 101**), FM-200 Gas Suppression System (**NFPA 2001**).
- Review and analyze **National Fire Trends and Vulnerable Areas** to suggest line of action to mitigate Risk.
- Carrying out **Fire Investigation** on incident site to determine the cause of fire and to prevent reoccurrence.

- Preparation of **Inspection & Non-Compliance Reports** and maintaining accurate records and documentation related to **Fire Safety Inspections and Enforcement Activities**.
- Coordination with **Emergency Responders** and other responding agencies during emergency situation.

Lead Fire Fighter *(July 2007 – Currently Working)*

- Implementation of **NFPA 1001** (Firefighter 1 & 2) & **NFPA 1002** (Hazmat Awareness & Operations).
- Ensuring intact and systematic **Fire, Rescue & Hazmat (Hazardous Material) Response**.
- Implementation of standardized **Fire & Rescue tactics, scene size-up and rationale** distribution of human & material resources on incident ground.
- Responded to more than **1500 Fire, Rescue & Hazmat Emergencies**. (Structural fires, Tanker fires, Building Collapse, Chemical Spillages & Leakages).
- Performed duties as **Incident Commander & Sector Commander**.
- Prepare, review and update **Emergency Action Plan** for effective management of emergency as per international best practices and standards i.e., **National Fire Protection Association (NFPA)**
- Inspection & testing of **Fire & Rescue Equipment (SCBA, Fire Hydrants, and Ropes etc.)**.
- Implementation of routine and scheduled **Emergency Response Drills** of firefighters.
- Management of emergency response and ensure the safety of both **Public and Firefighters**.














Working as a LEAD FIRE FIGHTER in Punjab emergency services Rescue 1122 Government of Pakistan since 16 July 2007, To Date. (www.rescue.gov.pk)




- Successfully completed Training as a Lead Fire Rescuer course 1081 in the line of NFPA from Punjab Emergency Service Academy Lahore. (09 Month Training)
- Successfully completed Training of fire investigation from (PES) Academy Rescue 1122 Lahore
- Successfully Fire Fighter 1 & 2 course in the line of 1001 & 1002 from Government PES Academy Lahore Pakistan
- Successfully Complete course Incident Command System (ICS- 100) From FEMA (USA)
- Successfully Complete the course Workplace Fire Safety Induction from IACS (UK)
- Successfully Complete the course because Sprinklered Buildings Burn from FM Global
- Successfully completed Medical Training from Punjab Emergency Service Lahore.
- Successfully completed the course of CSSR from Punjab Emergency Service
- Successfully completed the training of Water Rescue form PES Academy Lahore.
- Member of Inspection Team of Punjab Emergency Service Lahore.
- Performed Job as a Fire Instructor in Punjab Emergency Service Academy Lahore
- Successful completed the training of the Thermal Imager Training.
- Successful Completed Training CADRE (Fire Fighting, CPR, & Rescue) From Rescue 1122 Sargodha
- Successful Complete Training Frist Responder of Confined Space (NFPA 350) From NFPA USA
- Successful Complete Training Fire Fighting & CPR From Army Hatf Training Academy
- Successful Complete Training Camping from PES Academy Lahore Pakistan
- Successful Complete Training HazMat Alert Training from IAFF (International association of Fire Fighting

ACADEMIC ACHIEVEMENTS

Date	Institute	
2010-2013	Master Degree in Social Science	University of Sargodha.
2003-2005	Bachelor Degree	University of Sargodha
2000-2003	F.SC (GED)	BISE Sargodha

CERTIFICATIONS, COURSES & TRAININGS

Name	Organization	Year	Credential ID	
Fire, Rescue & Medical Training [Training was conducted under the guidelines and standards of Firefighter 1 & 2 (NFPA 1001), Fire Officer (NFPA 1021), Hazmat Awareness & Operations (NFPA 1072) and American Heart Association] (8 months)	Emergency Services Academy, Rescue 1122	2018	ESA-08 (Punjab)BRC2008	
Incident Command System (ICS-100)	NATIONAL FIRE ACADEMY (FEMA) USA	2021	225604937870	
HAZARDOUS MATERIAL FOR INSPECTORS	NATIONAL FIRE ACADEMY (FEMA) USA	2022	N/A	
NFPA-1700 (Modern Structural Firefighting)	NFPA	2021	N/A	
NFPA-350 (Guide for Safe Confined Space Entry & Work)	NFPA	2017	N/A	
NFPA-13 (Standard for Installation of Sprinkler System)	NFPA	2022	N/A	
NFPA-1851 (PP)	NFPA	2023	N/A	
Incident Command System & Fire Investigation Course	Emergency Services Academy, Rescue 1122	2017	ESA-08(Punjab)0660	
IOSH MANAGING SAFELY	Institution of occupational safety and health (IOSH)	2015	N/A	
IOSH FIRE SAFETY FOR MANAGER	Institution of occupational safety and health (UK)	2018	N/A	
DISASTER RISK MANAGEMENT	World Bank Group	2022	N/A	
Community Action for Disaster Response (CADRE)	Asian Disaster Preparedness Center	2022	N/A	
THE EFFECT OF FIRE ON PEOPLE , PROPERTY AND THE ENVIRONMENT (FIRE ENGINEERING)	University of MARY LAND (USA)	2021	N/A	

Fire prevention plan (FPP)	OSH Academy USA	2016	N/A	
FIRE Prevention and Safety Officer	National Institution of Fire and Technology	2014	N/A	
NFPA-1851 (Standard on Selection, Care, and Maintenance of Protective Ensembles for Structural Fire Fighting and Proximity Fire Fighting)	Fire Rescue 1 Academy	2018	N/A	
HAZMAT ALERT	International Association of Fire Fighter	2021	N/A	
H2S Awareness	OSHA Academy	2014	PRT#55/2019(20)	
Sprinklered Building Burn	FM Global	2020	N/A	
Principle of Fire and Explosion	Rick & Emergency	2022	N/A	
Disaster Preparedness	University of Pittsburgh USA	2020	N/A	
Paramedic Medical Assistant	Punjab Medical Faculty	2010	N/A	
CPR & BLS, First Aid & AED	National Health Care Provider Solution	2022	N/A	
CPR Adult	Red Cross	2022	N/A	
Fire Fighting & BLS	Army Hatif Training School Pakistan	2013	N/A	

ACHIEVEMENTS

Punjab Emergency Service Department, Rescue 1122

- Awarded with **Certificate from District Government Deputy Commissioner on controlling major fire case.**
- Received appreciation by **District Government on major fire case at NOON sugar mill Sargodha Pakistan.**
- Received awards on providing fire and rescue training to **Army Hatif Training School Pakistan.**
- OUTSTANDING PERFORMANCE AWARD “BASE COMMANDER PAKISTAN AIR FORCE” MUSHAF SARGODHA (2012).
- Awarded with several **Letter of Appreciation** on fruitful Trainings & Inspections.
- Awarded with **Certificate of Appreciation** by Pakistan ARMY in recognition for imparting training on **Water Rescue, Medical First Aid and SCUBA Diving.**
- EXCELLENCE THROUGH PROFESSIONALISM AWARD “RESCUE 1122 SARGODHA”(2012) (2013) (2015)

TRAINING PROFILE

Trained more than **8,00** recruits of Emergency Service Department, Rescue 1122 and firefighting staff of following organizations:

- **Pakistan Air Force (PAF)**
- **Pakistan Army Soldiers**
- **Industries** (Noon Surger Mill, Yousaf Suger Mill, Feruition Juice Mill)
- **Hospitals** (DHA Teaching Hospital, Sadiq Hospital, Mabrake Hospital, Ashraf Hospital)
- **Commercial Malls** (Imtiaz Mall, Burj Khalifa)
- **Universities** (University of Sargodha)

EXPERTISE & SKILLS

Structural Firefighting	National Fire Protection Association (NFPA)
Aircraft Rescue Firefighting (ARFF)	Occupational Safety & Health Administration (OSHA)
Wildland Firefighting	Control of Substance Hazardous to Health (COSHH)
Industrial Firefighting	Fire Prevention, Fire Safety
Incident Command System	Urban Search & Rescue
Active & Passive Fire Protection	Fire Prevention & Risk Assessment
Audits & Inspections	Trainings & Drills
Hazardous Material Response	Microsoft Office (Word, Power point, Excel, Visio)
Confined Space Entry	Technical Rescue
High Angle Rescue	Scene Size-up & Scene Assessment
Tool Box Talks	System Application & Products (SAP)
Hazard & Operability (HAZOP)	Enterprise Resource Planning (ERP)

Responsibilities

- RESPONDING IMMEDIATELY AND SAFELY TO EMERGENCY CALLS AND REQUESTS FOR ASSISTANCE.
- ATTENDING EMERGENCY INCIDENTS INCLUDING FIRES, ROAD ACCIDENTS, FLOODS, SPILLAGES OF DANGEROUS SUBSTANCES, AND RAIL AND AIR CRASHES.
- MINIMIZING DISTRESS AND SUFFERING, INCLUDING GIVING FIRST AID BEFORE AMBULANCE CREWS ARRIVE.
- SAFEGUARDING PEOPLE'S PERSONAL SAFETY AT ALL TIMES.
- ASSESSING SITUATIONS QUICKLY AND DECIDING ON THE BEST COURSE OF ACTION.
- WRITING FULL INCIDENT REPORTS

REFERENCE

Will be furnished on demand.